

## **SEHFA Centers**

Updated 8/21/07

**Augusta Regional Hospital**  
**Lifetime Health & Fitness**  
107 Medical Center Circle  
Fishersville, VA 22939  
540-932-5937  
540-932-5095 (fax)  
E-mail: [egood@augustamed.com](mailto:egood@augustamed.com)  
Contact: Eric Good

**Blount Memorial Hospital**  
**Blount Memorial Wellness Center**  
220 Associates Blvd.  
Alcoa, TN 37701  
865-980-7118  
865-980-7105 (fax)  
E-mail: [laruther@bmnet.com](mailto:laruther@bmnet.com)  
Contact: Leslie Rutherford

**Caldwell Memorial Hospital**  
**Quest4Life Wellness Center**  
1031 Morganton Blvd., Suite A  
Lenoir, NC 28645  
828-757-6220  
828-757-6205 (fax)  
E-mail: [lwalsh@caldwell-mem.org](mailto:lwalsh@caldwell-mem.org)  
Contact: Linda G. Walsh

**Chesapeake General Hospital**  
**Lifestyle Center**  
4626 Taylor Road  
Chesapeake, VA 23321  
757-312-6132  
757-312-6245  
E-mail: [Elizabeth.reitz@chealth.org](mailto:Elizabeth.reitz@chealth.org)

Contact: Elizabeth Reitz

**Clarendon Memorial Hospital**

**The Zone**

1100 Gossett Court  
Manning, SC 29102  
803-435-5202  
803-435-5201 (fax)  
E-mail: [sjohnson@clarendonmemorial.com](mailto:sjohnson@clarendonmemorial.com)  
Contact: Susanne Johnson

**Culpeper Regional Hospital**

**Powell Wellness Center**

509 South Main , Suite 100  
Culpeper, VA 22701  
540-829-4741  
E-mail: [cboone@culpeperhospital.com](mailto:cboone@culpeperhospital.com)  
Contact: Sandy Boone

**FirstHealth of the Carolinas**

**Moore Regional Hospital**

170 Memorial Drive  
Pinehurst, NC 28374  
910-715-1836  
910-715-1850 (fax)  
E Mail: [jcaliri@firsthealth.org](mailto:jcaliri@firsthealth.org)  
Contact: John Caliri

**FirstHealth Centers for Health & Fitness – Pembroke**

923 West Third Street  
Pembroke, NC 28372  
910-521-4777  
Contact: Kim Covington

**FirstHealth Centers for Health & Fitness – Raeford**

313 Teal Drive  
Raeford, NC 28376  
910-904-7400  
Contact: Kim Covington

**FirstHealth Centers for Health & Fitness – Richmond**

120 Richmond Memorial Drive  
Rockingham, NC 28379  
910-410-0123  
Contact: Patti Friedman

**FirstHealth Centers for Health & Fitness – Southern Pines**

205 Davis Road  
Southern Pines, NC 28387  
910-692-6129  
Contact: Cinnamon LeBlanc-Young

**FirstHealth Centers for Health & Fitness – Troy**

524 Wood Street  
Troy, NC 27371  
910-571-5482  
Contact: Bob Nelson

**Georgetown Hospital System  
Health Point**

12965 Ocean Hwy.  
Pawleys Island, SC 29585  
843-237-2205  
843-237-5787 (fax)  
E-mail; [kconlon@gmhsc.com](mailto:kconlon@gmhsc.com)  
Contact: Kevin M. Conlon

**Hamilton Medical Center  
Bradley Center for Wellness and Rehabilitation**

P. O. Box 2514  
Dalton, Georgia 30722  
706-278-9355  
706-226-6872 (fax)  
E mail: [rharrison@hhcs.org](mailto:rharrison@hhcs.org)  
Contact: Ricky Harrison

**Haywood Regional Medical Center  
Haywood Regional Health & Fitness**

75 Leroy George Drive

Clyde, NC 28721

828-452-8083

828-452-8065 (fax)

E mail: [ssetser@haymed.org](mailto:ssetser@haymed.org)

Contact: Scotty E. Setser

**High Point Regional Health System  
The Fitness Center**

601 N. Elm Street

P. O. Box HP-5

High Point, NC 27262

336-878-6221 ext 3139

336-878-6026 (fax)

E-mail: [rsimpson@HPRHS.com](mailto:rsimpson@HPRHS.com)

Contact: Rodney Simpson

**Medical Center of Central GA  
The Wellness Center**

3797 Northside Drive

Macon, GA 31201

478-477-2300

E-mail: [carter.Kevin@mccg.org](mailto:carter.Kevin@mccg.org)

Contact: Kevin L. Carter

**Macon Health Club**

389 1<sup>st</sup> Street

Macon, GA 31201

Contact: Kevin L. Carter

**Piedmont Hospital**  
**Piedmont Hospital Health & Fitness Club**  
2001 Peachtree Rd., NE, Ste. 100  
Atlanta, GA 30309  
404-605-1969  
404-609-6866 (fax)  
E-mail: [jennifer.hopper@piedmont.org](mailto:jennifer.hopper@piedmont.org)  
Contact: Jennifer Hopper

**Rex Wellness Center**  
4200 Lake Boone Trail  
Raleigh, NC 27607  
919-784-1372  
E-mail: [Neil.Byrd@rexhealth.com](mailto:Neil.Byrd@rexhealth.com)  
Contact: Neil Byrd

**Rex Wellness – Cary**  
1515 SW Cary Parkway  
Cary, NC 27511  
Contact: Judy Jackson

**Rex Wellness – Garner**  
1400 Timber Drive East  
Garner, NC 27529  
Contact: Jenny Hampton

**Rockingham Memorial Hospital**  
**RMH Wellness Center**  
501 Stone Spring Road  
Harrisonburg, VA 22801  
540-564-5680  
E-Mail: [thodge2@rhcc.com](mailto:thodge2@rhcc.com)  
Contact: Tommy Hodge

**Rockingham Memorial Hospital**  
**Bridgewater Retirement Community Wellness Center**  
210 Virginia Ave.  
Bridgewater, VA 22812  
540-828-0452  
E-Mail: [laura.Wilson@rhcc.com](mailto:laura.Wilson@rhcc.com)  
Contact: Laura Wilson

**Sampson Regional Medical Center**  
**The Center for Health & Wellness**  
417 E Johnson St.  
Clinton, NC 28328  
910-596-5400  
910-596-5413 (fax)  
E-mail: [rnelson@sampsonrhc.org](mailto:rnelson@sampsonrhc.org)  
Contact: Robert Nelson

**Smyth County Community Hospital**  
**Lifetime Wellness Center**  
565 Radio Hill Road  
P. O. Box 880  
Marion, Virginia 24354-0880  
276-782-1199  
276-782-1259 (fax)  
E-mail: [colleen.Hawkins@scchosp.org](mailto:colleen.Hawkins@scchosp.org)  
Contact: Colleen E. Hawkins

**Southeastern Regional Medical Center**  
**Southeastern Lifestyle Center**  
4895 Fayetteville Rd.  
Lumberton, NC 28358  
910-738-5433  
910-738-7959 (fax)  
E-mail: [hansen02@srhc.org](mailto:hansen02@srhc.org)  
Contact: Kathy Hansen

**Southeastern Lifestyle Center**

301 Mt. Tabor Rd.  
Red Springs, NC  
Contact: Eileen Barbour

**Bladen Fitness Center**

1001 W Broad Street  
Elizabethtown, NC  
Contact: Joanne O'Halloran

**St. Mary's Health Care System, Inc.**

**St. Mary's Wellness Center**

1230 Baxter Street  
Athens, GA 30606  
706-389-3355  
706-369-9930 (fax)  
E-mail: [bevans@stmarysathens.org](mailto:bevans@stmarysathens.org)  
Contact: Brian Evans

**UNC Hospitals**

**UNC Wellness Center at Meadowmont**

100 Sprunt Street  
Chapell Hill, NC 27517  
919-966-5500  
919-843-3276 (fax)  
E mail: [gwayson@unch.unc.edu](mailto:gwayson@unch.unc.edu)  
Contact: George Wayson

**Upson Regional Medical Center**

**The Wellness Center of URMC**

801 W. Gordon Street  
Thomaston, GA 30286  
706-647-4466  
706-647-4470 (fax)  
E-Mail: [dtallini@urmc.org](mailto:dtallini@urmc.org)  
Contact: Denis Tallini

**Wellstar Health System**

**Wellstar Health Place**

65 S. Medical Dr.

Marietta, GA 30060

770-793-7306

E-mail: [allan.bishop@wellstar.org](mailto:allan.bishop@wellstar.org)

Contact: Allan Bishop

**Wilson Medical Center**

1705 Tarboro Street SW

Wilson, NC 27893

252-399-8482

252-399-7318 (fax)

E-mail: [nora.finch@wilmed.org](mailto:nora.finch@wilmed.org)

Contact: Nora Finch