

## **SEHFA Centers**

Updated 6/1/08

**Augusta Regional Hospital**  
**Lifetime Health & Fitness**  
107 Medical Center Circle  
Fishersville, VA 22939  
540-932-5937  
540-932-5095 (fax)  
E-mail: [egood@augustamed.com](mailto:egood@augustamed.com)  
Contact: Eric Good

**Bath Community Hospital**  
**Bath Community Rehab & Wellness**  
P.O. Drawer Z  
Hot Springs, VA 24445  
540-839-2023  
540-839-2554 (fax)  
E-mail: [sharonj@bcchospital.org](mailto:sharonj@bcchospital.org)  
Contact: Sharon Justice

**Blue Ridge Health Care**  
**Phifer Wellness Center**  
2165 S. Sterling Street  
Morganton, NC 28655  
828-580-6600  
828-580-6609 (fax)  
Contact: Debbie Knight

**Caldwell Memorial Hospital**  
**Quest4Life Wellness Center**  
1031 Morganton Blvd., Suite A  
Lenoir, NC 28645  
828-757-6220  
828-757-6205 (fax)  
E-mail: [lwalsh@caldwell-mem.org](mailto:lwalsh@caldwell-mem.org)  
Contact: Linda G. Walsh

**Carilion Clinic**  
**Roanoke & Botetourt Athletic Clubs**  
4508 Starkey Rd. SW  
Roanoke, VA 24018  
540-989-5758  
540-776-8623  
E-mail: [bgrey@carilion.com](mailto:bgrey@carilion.com)  
Contact: Wayne (Bud) Grey

**FirstHealth of the Carolinas**  
**Moore Regional Hospital**  
170 Memorial Drive  
Pinehurst, NC 28374  
910-715-1836  
910-715-1850 (fax)  
E Mail: [jcaliri@firsthealth.org](mailto:jcaliri@firsthealth.org)  
Contact: John Caliri

**FirstHealth Centers for Health & Fitness – Pembroke**  
923 West Third Street  
Pembroke, NC 28372  
910-521-4777  
Contact: Kim Covington

**FirstHealth Centers for Health & Fitness – Raeford**  
313 Teal Drive  
Raeford, NC 28376  
910-904-7400  
Contact: Kim Covington

**FirstHealth Centers for Health & Fitness – Richmond**  
120 Richmond Memorial Drive  
Rockingham, NC 28379  
910-410-0123  
Contact: Patti Friedman

**FirstHealth Centers for Health & Fitness – Southern Pines**  
205 Davis Road

Southern Pines, NC 28387  
910-692-6129  
Contact: Cinnamon LeBlanc-Young

**FirstHealth Centers for Health & Fitness – Troy**  
524 Wood Street  
Troy, NC 27371  
910-571-5482  
Contact: Bob Nelson

**Georgetown Hospital System  
Health Point**

12965 Ocean Hwy.  
Pawleys Island, SC 29585  
843-237-2205  
843-237-5787 (fax)  
E-mail; [kconlon@gmhsc.com](mailto:kconlon@gmhsc.com)  
Contact: Kevin M. Conlon

**Greenville Hospital System  
Life Center**

875 W. Faris Rd.  
Greenville, SC 29605  
864-455-4002  
864-455-8447 (fax)  
E-mail: [jmcbride@ghs.org](mailto:jmcbride@ghs.org)  
Contact: Jane McBride

**Hamilton Medical Center  
Bradley Center for Wellness and Rehabilitation**

P. O. Box 2514  
Dalton, Georgia 30722  
706-278-9355  
706-226-6872 (fax)  
E mail: [rharrison@hhcs.org](mailto:rharrison@hhcs.org)  
Contact: Ricky Harrison

**Haywood Regional Medical Center**  
**Haywood Regional Health & Fitness**  
75 Leroy George Drive  
Clyde, NC 28721  
828-452-8083  
828-452-8065 (fax)  
E mail: [ssetser@haymed.org](mailto:ssetser@haymed.org)  
Contact: Scotty E. Setser

**Lexington Medical Center**  
**Health Directions**  
3225 Sunset Blvd.  
West Columbia, SC 29169  
803-791-2113  
803-791-2299 (fax)  
E-mail: [dlbellenger@lexhealth.org](mailto:dlbellenger@lexhealth.org)  
Contact: Debbie Bellenger

**Medical Center of Central GA**  
**The Wellness Center**  
3797 Northside Drive  
Macon, GA 31201  
478-477-2300  
E-mail: [carter.Kevin@mccg.org](mailto:carter.Kevin@mccg.org)  
Contact: Kevin L. Carter

**Macon Health Club**  
389 1<sup>st</sup> Street  
Macon, GA 31201  
Contact: Kevin L. Carter

**Northside Hospital – Forsyth**  
**Northside Hospital Wellness Center**  
1400 Northside Forsyth Dr., Ste. 170  
Cumming, GA 30041  
770-844-3635  
770-844-3327 (fax)  
E-mail: [michell.smith@northside.com](mailto:michell.smith@northside.com)  
Contact: Michell Smith

**Piedmont Hospital**  
**Piedmont Hospital Health & Fitness Club**  
2001 Peachtree Rd., NE, Ste. 100  
Atlanta, GA 30309  
404-605-1969  
404-609-6866 (fax)  
E-mail: [jennifer.hopper@piedmont.org](mailto:jennifer.hopper@piedmont.org)  
Contact: Jennifer Hopper

**Powell Wellness Center**  
1005 Golf Drive  
Culpeper, VA 22701  
540-829-4750  
540-727-0727 (fax)  
E-mail: [cboone@culpeperhospital.com](mailto:cboone@culpeperhospital.com)  
Contact: Sandy Boone

**Rex Wellness Center**  
4200 Lake Boone Trail  
Raleigh, NC 27607  
919-784-1372  
E-mail: [Neil.Byrd@rexhealth.com](mailto:Neil.Byrd@rexhealth.com)  
Contact: Neil Byrd

**Rex Wellness – Cary**  
1515 SW Cary Parkway  
Cary, NC 27511  
Contact: Judy Jackson

**Rex Wellness – Garner**  
1400 Timber Drive East  
Garner, NC 27529  
Contact: Jenny Hampton

**Smyth County Community Hospital**  
**Lifetime Wellness Center**  
565 Radio Hill Road  
P. O. Box 880  
Marion, Virginia 24354-0880  
276-782-1199  
276-782-1259 (fax)  
E-mail: [colleen.Hawkins@scchosp.org](mailto:colleen.Hawkins@scchosp.org)  
Contact: Colleen E. Hawkins

**Southeastern Regional Medical Center**  
**Southeastern Lifestyle Center**  
4895 Fayetteville Rd.  
Lumberton, NC 28358  
910-671-5861  
910-738-7959 (fax)  
E-mail: [barbour01@srmc.org](mailto:barbour01@srmc.org)  
Contact: Eileen Barbour

**St. Mary's Health Care System, Inc.**  
**St. Mary's Wellness Center**  
1230 Baxter Street  
Athens, GA 30606  
706-389-3355  
706-369-9930 (fax)  
E-mail: [bevans@stmarysathens.org](mailto:bevans@stmarysathens.org)  
Contact: Brian Evans

**UNC Hospitals**  
**UNC Wellness Center at Meadowmont**  
100 Sprunt Street  
Chapell Hill, NC 27517  
919-966-5500  
919-843-3276 (fax)  
E mail: [gwayson@unch.unc.edu](mailto:gwayson@unch.unc.edu)  
Contact: George Wayson

**Upson Regional Medical Center  
The Wellness Center of URMC**

801 W. Gordon Street  
Thomaston, GA 30286

706-647-4466

706-647-4470 (fax)

E-Mail: [dtallini@urmc.org](mailto:dtallini@urmc.org)

Contact: Denis Tallini

**Watauga Medical Center  
Paul H. Broyhill Wellness Center**

232 Boone Heights Drive  
Boone, NC 28607

828-266-1060

828-266-1065 (fax)

E-mail: [jcash@apprhs.org](mailto:jcash@apprhs.org)

Contact: Jodi H. Cash

**Wellstar Health System  
Wellstar Health Place**

65 S. Medical Dr.  
Marietta, GA 30060

770-793-7306

E-mail: [allan.bishop@wellstar.org](mailto:allan.bishop@wellstar.org)

Contact: Allan Bishop