

# PERSONAL TRAINER Workshop

## \$299\*



Don't miss the program all  
the trainers are talking about!



NCCA Accredited

## National Council on Strength & Fitness

Coming to your area:

### Your SEFHA Price Includes:

- Hands on Workshop
- Certification Exam
- Course Textbook
- Study Guide Manual
- Workshop Reference Guide
- Instructional DVD Video
- Interactive CD-ROM
- Practice Exam Questions
- 1-Year Membership

# Powell Wellness Center

## SEPTEMBER 12<sup>TH</sup> & 13<sup>TH</sup>

**\*PAYMENT PLAN AVAILABLE**

**DISCOUNT RATE FOR CURRENT  
SEHFA EMPLOYEES ONLY**

**YOU SAVE OVER \$200**



**Unable To Attend a Workshop?**  
Participate in the interactive  
Home Study course

**800-772-NCSF**

**WWW.NCSF.ORG**